



Winter Recess Guidelines

The National Nurses' Association has established the following guidelines for outdoor recess during the winter months.

*Feels like 25 degrees and above (considers wind chill factor) – Outdoor recess

*Feels like 16 – 25 degrees (considers wind chill factor) – Abbreviated Outdoor Recess to 5 or 10 minutes

*Feels like 15 degrees or below (considers wind chill factor) – Inside Recess

To access the current local temperature including wind chill...

- 1) Type www.weather.com
- 2) Type in your zip code (19363)
- 3) Look at the current temperature for Oxford
- 4) Looks right below that current temperature to get the “Feels Like” temp
- 5) That’s the temperature that we will use to determine outdoor recess.